



THIS IS YOUR TEAM!

**JOIN THE SHDHS GIRLS CROSS COUNTRY
TEAM WHERE WE RUN AS ONE!**

Midnight Run:

July 9 at 11:30 pm

St. Henry Elementary School Parking Lot
Kicking off the season the Crusader Way!

Summer Practice:

Practices will be held at 7 pm
Mondays - Thursdays beginning July 11.

Summer Practice Location:

Yolo Fitness
1516 Dixie Highway
Park Hills, KY 41011

The girls cross country team is open to
students in grades 6 through 12.



Ready to run?

*Contact Coach Anne Beck-Kaliin to
sign up today!*

Email: abeck.ath@shdhs.org

Cell: 513-406-2248